

THE VARK MODEL - The four types of learners

Visual

Visual learners prefer to take in information using charts, maps, graphs, diagrams, and more. However, this type of learning style does not include photographs or videos. Instead, visual learners learn best when information is presented using patterns, shapes, and other visual aids in the place of written or spoken words.

Auditory

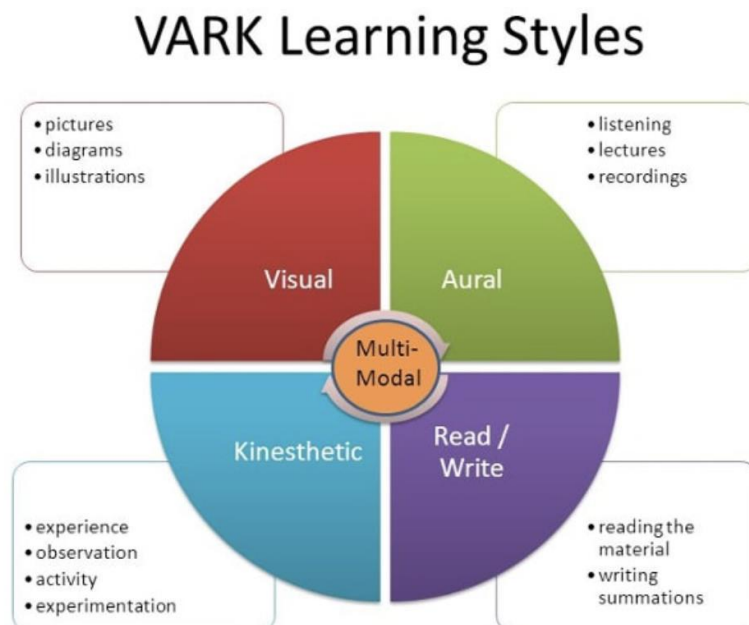
This learning style describes people who learn best when information is heard or spoken. They benefit from lectures, group discussion, and other strategies that involve talking things through. Often people with this preference want to sort things out by speaking first, rather than sorting out their ideas and then speaking.

Reading/Writing Preference

People who show this preference like information to be presented using words. They love to read and perform well on written assignments such as stories or book reports - text-based input and output – reading and writing in all of its forms.

Kinesthetic

Kinesthetic learners learn best when they can use tactile experiences and carry out a physical activity to practice applying new information. People who prefer this mode are connected to reality, either through concrete personal experiences, examples, practice or simulation.



References

<http://vark-learn.com/introduction-to-vark/the-vark-modalities/>

<http://sheritipsforsuccess.weebly.com/learning-styles.html>